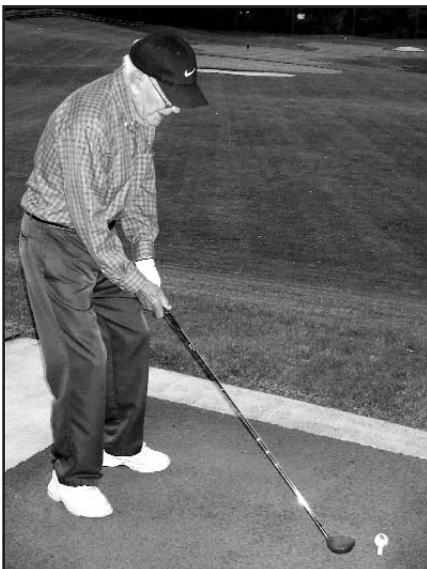
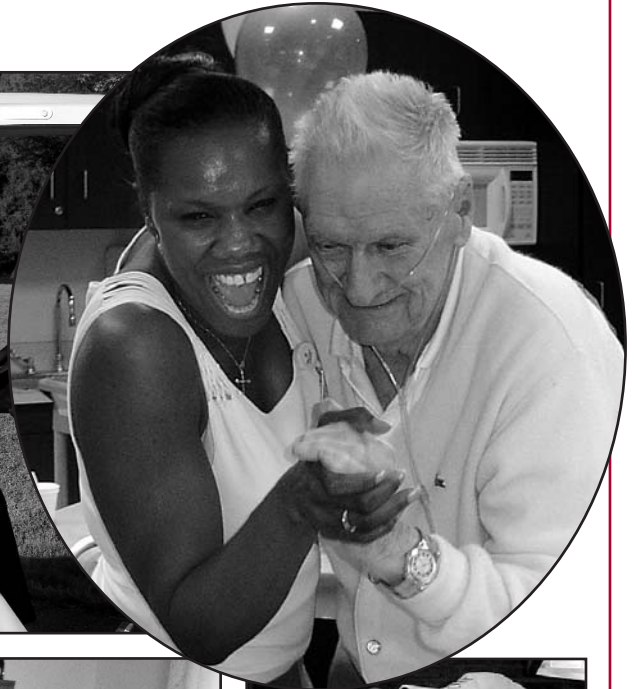


Life at Brooke Grove Retirement Village: A Look Back at 2005

2005 at Brooke Grove Retirement Village (BGRV) was filled with exciting accomplishments. Here's a quick look at the progress BGRV made in its growth as a continuing care retirement community and in the staff's efforts to *"touch people's lives."*



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Message from the Village

from the desk of Keith Gibb, president, Brooke Grove Foundation

The holidays are an extra special time of year at Brooke Grove Retirement Village (BGRV). Local school groups, scouts, churches and other organizations and individuals give from their hearts by presenting holiday programs on campus. Our residents also join community celebrations by visiting local seasonal displays and events.

Like the many employees and volunteers who are part of the BGRV family throughout the year, these special people have discovered the enduring satisfaction and fulfillment that comes when we share our gifts. The miracle is that the more we share, the more we gain. Indeed, as we examine

our lives, the moments that stand out — the moments when we have really lived — are the moments when we have done something in the spirit of love.

As I look back at the accomplishments of the past year outlined in this issue of “Village News,” I am particularly grateful for the community partnerships that have “touched people’s lives.” Whether by participating in the Memory Walk, contributing to projects benefiting local seniors, donating blood, time or money to worthy causes, those involved in these projects brought comfort and joy with their gifts of caring.

We wish you the peace and joy of the season. May your gifts of the heart bring special meaning to your holiday traditions and to the coming year.

Employee Celebration Honors Staff for Service

Brooke Grove Retirement Village’s (BGRV) annual Employee Celebration, held at Olney Theatre Center on October 27, honored the entire staff with an evening of fun, food, great music, good company and a performance of the comedy “Morning’s at Seven.” One hundred sixty-eight employees received special recognition for a total of 670 years of service.

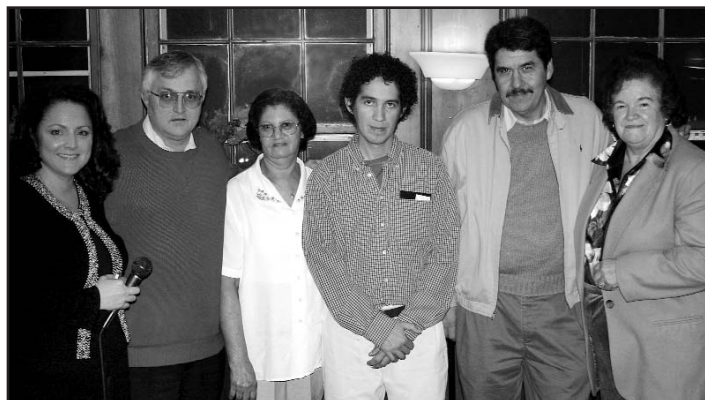
Top service award recipients were Brooke Grove Foundation (BGF) Board Chair Carl Howe (55 years), BGF President Keith Gibb (30 years), Certified Medicine Aide Weefus Gonyon (20 years) and Plant Operations employee John Turner (20 years).

In addition to the play, one of the highlights of the evening was a performance

by The Evolution Band, which released its debut CD in 2003. Band member Corinthia Cromwell is a jazz saxophonist, classical clarinetist and vocalist, and she is also the activities director for Brooke Grove Rehabilitation and Nursing Center on the BGRV campus! She has played professionally with Wynton Marsalis, Etta James, Vicky

Winans and a number of other well-known musicians.

Special thanks goes to the local businesses who contributed door prizes for this event: *Bella Notte, Cones & Confetti, Fletcher’s Amoco, Ledo’s Pizza, Mama Lucia’s, Olney Ale House, Potomac Adventist Book and Health Food Store, Quiznos Sub, Ricciutis, Sole D’Italia and Starbucks.*



Thirty-year employee and BGF President Keith Gibb (second from left) with 15-year employees (l to r) Patty Anderson, Claire Mitchell, Javier Barahona, José Martinez and Wanda Cataldi



Brooke Grove Retirement Village is a division of Brooke Grove Foundation, Inc., a nonprofit organization providing quality care for the elderly since 1950.

Village News is a monthly publication of Brooke Grove Retirement Village, 18100 Slade School Road, Sandy Spring, MD 20860. Phone: 301-924-2811, Maryland Relay: 1-800-735-2258, Web Site: www.bgf.org

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Brooke Grove Retirement Village includes:

Independent Living
• The Cottages

Assisted Living Homes
• The Meadows
• The Woods

Nursing Home
• Brooke Grove Rehabilitation and Nursing Center

Other divisions of Brooke Grove Foundation include:
• Williamsport Retirement Village
• Rest Assured Living Center

Brooke Grove Retirement Village does not discriminate in admissions, employment, contracting with consultants or acceptance of volunteers on the basis of race, color, religion, sex, handicap, sexual orientation or national origin.

Life at Brooke Grove Retirement Village: A Look Back at 2005 (continued from page 1)

- Received Partners in Business Award from Olney Chamber of Commerce
- Opened Phase II of The Cottages independent living community; prepared site plans for the construction of Phases III and IV
- Opened Fitness Center to launch independent living's wellness program
- Established independent living's Resident Advisory Council
- Held first Continuing Care Retirement Community Annual Meeting
- Kevin Davidson and Silvia Nestares appointed to Brooke Grove Foundation board of directors; Carl Howe reappointed as board chair
- Human Resources Director Greg Porter elected to Olney Chamber of Commerce board
- Brooke Grove Foundation President Keith Gibb appointed to CommunityChoice Advisory Group established by Maryland's Department of Health and Mental Hygiene
- Completed major software and hardware upgrades; integrated financial and clinical software package
- Changed staffing model at Brooke Grove Rehabilitation and Nursing Center to accommodate higher acuity rehabilitation residents
- Partnered with the Olney Theatre Center to host benefit performance of "The Miracle Worker;" participated in Memory Walk 2005 and conducted other fund-raising efforts resulting in donations totaling more than \$15,000 for the Alzheimer's Association of the National Capital Area
- Hosted a silent auction and networking breakfast meeting of the Grass Roots Organization for the Well-being of Seniors (GROWS), raising \$10,000 to benefit GROWS' advocacy and outreach programs for Montgomery County Seniors



- Employees donated a total of \$15,000 to tsunami and hurricane relief; BGRV Chaplain Bill Neely represented BGRV on two-week, volunteer humanitarian relief trip to Louisiana
- Supported the GROWS initiative "Scarves for Seniors," which provides warm clothing to low-income seniors in Montgomery County
- Continued support of Carol Jean Cancer Foundation and Camp Friendship
- Hosted the Olney Chamber of Commerce's 40th Anniversary Celebration
- Hosted two Alzheimer's Association seminars
- Hosted three American Red Cross bloodmobiles



At BGRV, we work hard to keep our mission to "touch people's lives" at the heart of everything we do. In doing so, our lives are touched as well — by our residents and by all those who love them.

BGRV Contributes to Hurricane Relief

In the wake of devastating destruction wrought by Hurricanes Katrina and Rita, Brooke Grove Retirement Village (BGRV) Chaplain Bill Neely spent September 20 through October 4 volunteering in Louisiana with the American Red Cross through the Association of Professional Chaplains. The bulk of his time was spent at a shelter in Alexandria, where he worked with other volunteers to care for up to 1,100 Katrina and Rita evacuees. He also volunteered with the Mortuary Operations Recovery Team (DMORT) in Saint Gabriel where he assisted the DMORT staff and offered prayer over the bodies of hurricane victims.

“This experience gave me a profound perspective on numerous aspects of disaster relief and life in general,” said Chaplain Neely. “These include being very adaptable, flexible and patient and working with a wide range of individuals, families and staff who need emotional/psychological support, medical care, food, water, rest and some form of appropriate light-heartedness. It served as a reminder of what is really important in life — family, friends, neighbors, caring for self and contributing to the well-being of others. I am thankful to Brooke Grove for the opportunity and privilege of being their representative to those who

have lost so much.”

The entire BGRV staff also responded with great generosity to an offer by administration to convert personal leave donations into cash contributions for humanitarian relief for these disasters. Combined with

additional cash and payroll deduction contributions, these gifts totaled nearly \$8,000. BGRV sent the donations to Adventist Community Services, the American Red Cross, the Salvation Army and other organizations designated by the donors.



Chaplain Bill Neely (left) with Air National Guard Troops at the River Front Shelter (City Convention Center) in Alexandria, Louisiana.

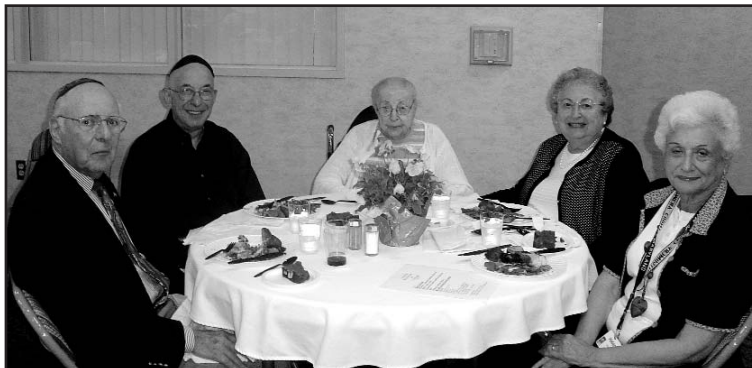
High Holiday Service

Jewish residents from across the Brooke Grove Retirement Village (BGRV) campus gathered with family members in the terrace level conference room of Brooke Grove Rehabilitation and Nursing Center (BGRNC) on October 7 to celebrate Yom Kippur (Day of Atonement) and Rosh Hashanah (Jewish New Year).

The High Holiday service was officiated by volunteer Rabbi Jonathan Eichhorn, who visits regularly with BGRV's Jewish residents. He was assisted

by Rabbi Lipsky of Ohev Sholom Talmud Torah Congregation in Olney and Hazzan Sara Gellar of B'nai Shalom of Olney.

Following the service, residents and their guests dined on a traditional holiday feast catered by B. J. Pumpnickel's in Olney.



BGRNC resident Sally Levine (center) is joined by her family and Alan (far left) and Helen Farrar (far right) at the High Holiday Service. Assigned to BGRNC, Mrs. Farrar is a volunteer ombudsman in Montgomery County's long-term care ombudsman program.

Staff Holiday Fund

During the holiday season, friends and family members often wish to express their appreciation to staff members for the compassionate care provided their loved ones throughout the year.



While Brooke Grove Retirement Village policy prohibits employees from accepting individual tips or gifts, the Staff Holiday Fund provides an opportunity for donations to be shared. Contributions to the fund are distributed evenly among employees based on full-time and part-time status.

Those wishing to contribute to the Staff Holiday Fund are invited to send their donation to Brooke Grove Foundation, Inc., c/o Keith Gibb, President, 18100 Slade School Road, Sandy Spring, MD 20860, by December 16. Your gift will be greatly appreciated!

Independent Living

World War II Memorial Visit Halloween Hijinks

An autumn bus excursion to the National World War II Memorial in Washington, D.C., held personal meaning for several independent living residents. "This trip was a dream come true," remarked Marilyn Ackley, whose husband, Roy, served in Italy as a member of the Army Air Corp. "I didn't think I would be able to actually visit the memorial in my lifetime." Veteran Jim Rice served as a Marine in the Pacific and was present at Iwo Jima.

Dedicated on May 29, 2004, the World War II Memorial honors the 16 million who served in the United States armed forces, the more than 400,000 who

died, and all who supported the war effort from home.



Independent living residents (l to r) Hank Clough and Jim Rice at the World War II Memorial

Independent living's Halloween Costume Party, planned by the programming committee, attracted a host of wild and wacky characters. Best costume winners, judged by Westbrooke servers Jimi Akinyosoye and Kyle Beharry, included "Witch" Marion Hastings (spookiest), "Rock Star" Paul Hoskins (daring), "Pumpkins" Rip and Billie Rice (most Halloween spirit), "Pirate" Bill Pruesse (creative) and "Biker" Sam Hastings (creative).



Sam Hastings and Eileen Alexander, executive director of independent living services, at the Halloween Costume Party

Applications Now Being Accepted for Phases III and IV

Applications are currently being accepted for Phases III and IV of The Cottages independent living at Brooke Grove Retirement Village (BGRV). Upon preliminary financial approval, applicants are invited to sign a priority wait list deposit agreement, which holds pricing for one year.

Site plans are available for the 18 cottages included in Phases III and IV. Homes

range in size from 1,350 to over 2,000 square feet, with forest and pasture views. Construction is slated to begin in the summer of 2006, pending utility and county approvals.

Community members interested in independent living at BGRV are invited to mark their calendars and plan to attend "Come Fall in Love with Brooke Grove" on Thursday, February 9, from

2-3:30 p.m., at Brooke Grove Rehabilitation and Nursing Center. The program will include a look at BGRV's history of service as well as updated information on the construction timeline, project progress and operational details of Phases III and IV.

For further information, contact Retirement Counselor Janet Wright at 301-260-2320.



Model Train Exhibit

December 3-11
Sandy Spring Museum
17901 Bentley Road
Sandy Spring.
Call 301-774-0022.

"OLIVER!"

Through December 31
Olney Theatre Center
2001 Olney-Sandy Spring
Road, Olney.
Call 301-924-3400.

Garden of Lights

Through January 8
5:30-9 p.m.
Brookside Gardens
18100 Glenallan Avenue
Wheaton. Call 301-962-1453.

Assisted Living Group Homes

Good Counsel Students Host Intergenerational Activities

“Thanks so much for inviting me ... this is my kind of party!” exclaimed assisted living resident Ruby “Poo” Noyes as she hit the dance floor with students from Good Counsel High School at a Karaoke Dance Party held on November 2 at The Woods.

The students elected to volunteer at Brooke Grove Retirement Village this fall to fulfill Maryland’s student service learning requirements. As evidenced by the loud chorus of boos that erupted at the conclusion of the dance party, students and residents alike are truly enjoying the

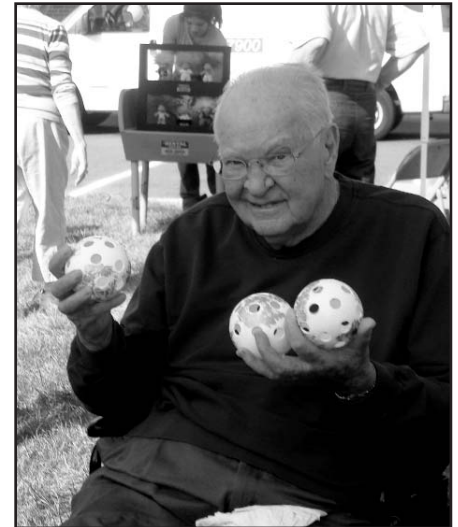
intergenerational experience! During other recent visits, the young people worked with the

Montgomery County Garden Club to assist residents in making a special arts and crafts

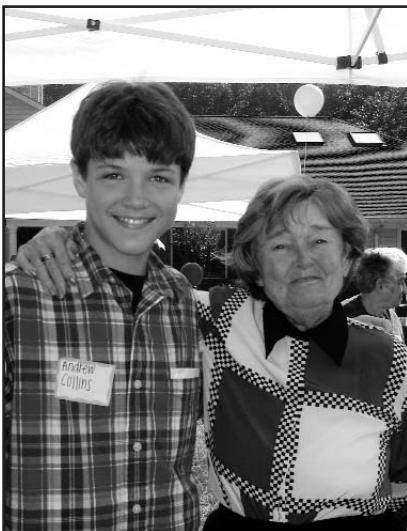
project and hosted an outdoor carnival, complete with games, treats and a balloon launch.



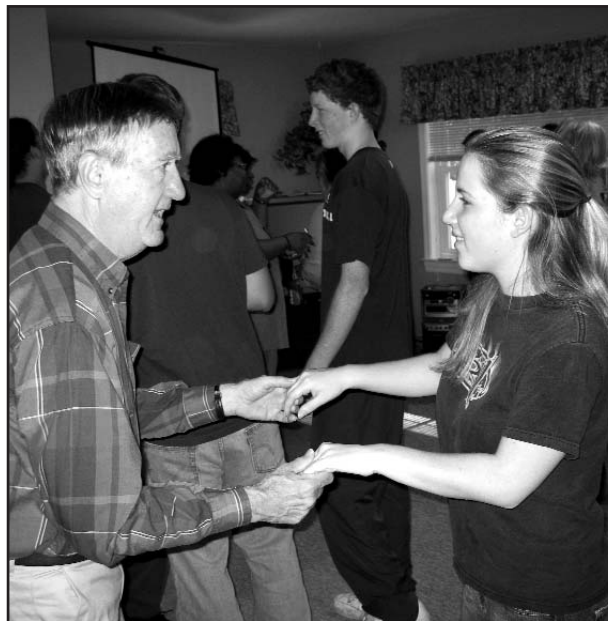
Students prepare cotton candy treats.



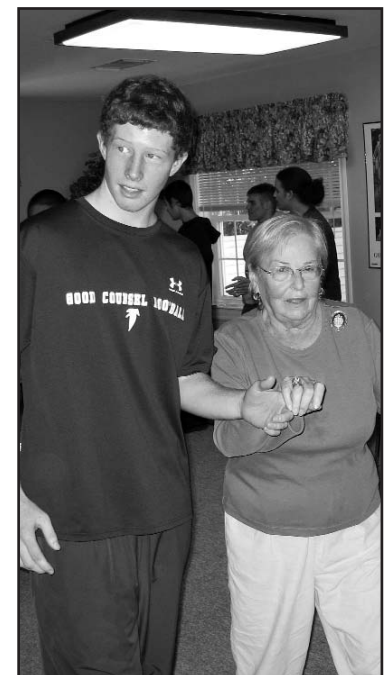
Ken Ferguson winds up for a game of Tic-Tac-Toe.



Ruby “Poo” Noyes and student Andrew Collins take a break from carnival festivities to pose for the camera.



Jack Gilbert and friend share a dance.



Lucy Nalyvayko and her dance partner enjoy the Karaoke Dance Party.

Brooke Grove Rehabilitation and Nursing Center

Harvest Happenings

Harvest events kept Brooke Grove Rehabilitation and Nursing Center residents celebrating the arrival of the fall season throughout the month of October.

A Fall Ball featured the smooth stylings of Activities Director Corinthia Cromwell on the saxophone, autumn poetry and refreshments. Harvest Fest was headlined by vocalist/pianist Kendra Holt and included a visit from the Southeast Olney MOMS Club and their children. The costumed little ones sang nursery rhymes, then happily collected treats from residents. Kids from two

other local MOMS Clubs added to the fun by trick-or-treating in resident rooms. Finally, staff members topped it all off by dressing in costume for a Masquerade Parade on October 31.



A tiny trick-or-treater offers to share his goodies!

Art Therapy Class Creates Autumn Mural

With the assistance of Art Therapist Elizabeth Cockey, Brooke Grove Rehabilitation and Nursing Center (BGRNC) residents recently created a large, autumn mural depicting a country farm. According to Activities Director Corinthia Cromwell, the mural turned out so beautifully, it will be framed and hung at BGRNC.

Author of *“Gertrude’s Cupboard: Recapturing the Minds Stolen by Disease,”* Ms. Cockey employs innovative forms of art therapy to aid in the fight

against Alzheimer’s. She holds art classes for BGRNC residents twice each month.



Resident Virginia Trainor works on a portion of the mural.

Four Generations



Resident Herbert Colburn enjoys a visit with daughter Candace Sparling (back left), granddaughter Molly Sparling, (back right) and great-granddaughter Jaina Sparling.



Resident Carmen Arqueta at the Fall Ball

BGRNC’s Family Council Meeting

Date/Time: First Tuesday of each month at 3 p.m.
Place: Second Floor Multipurpose Room
Facilitator: Margie Lapp, 301-330-5834

You're Invited...

Brooke Grove Rehabilitation and Nursing Center Holiday Open House

for Residents and Families
Sunday, December 11, 2-4 p.m.

By invitation. No reservations necessary.

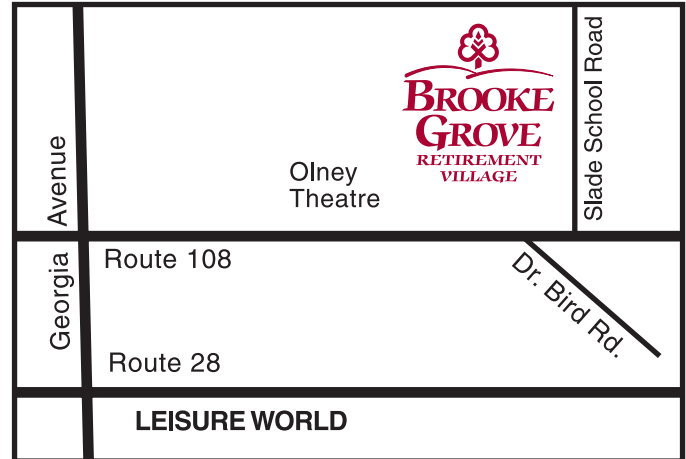
The Meadows and The Woods Holiday Open House

for Residents and Families
Sunday, December 11, Noon-2 p.m. (The Meadows)
Sunday, December 11, 3-5 p.m. (The Woods)

By invitation. No reservations necessary.

Volunteer Orientation

Tuesday, January 31, 2005
Brooke Grove Rehabilitation and Nursing Center
18131 Slade School Road
*For further information, contact Laura Brecheen,
301-570-7081, ext. 1161 or LBrecheen@bgf.org*



"Come Fall in Love with Brooke Grove" Independent Living Update

Thursday, February 9, 2-3:30 p.m.
Brooke Grove Rehabilitation and Nursing Center
18131 Slade School Road
*For further information, contact Susan Frazier,
301-924-2811, option 3, or SFrazier@bgf.org*

For resident activities information, call or see the Activities Director at each facility.



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