

BGRV Raises \$15,000 for the Alzheimer's Association of the National Capital Area

Brooke Grove Retirement Village's (BGRV) fund-raising efforts for Montgomery County's Memory Walk 2005, held in September, resulted in an October 14 check presentation of \$15,000 to Tony Sudler, president and chief executive officer of the Alzheimer's Association of the National Capital Area. This year's total significantly surpassed the goal of \$10,000 and topped all previous donations by BGRV, a long-time supporter of the Alzheimer's Association and the Memory Walk.

"This is wonderful!" said Mr. Sudler. "By supporting us, you support many families dealing with the challenges of Alzheimer's disease. We look forward to working with you on future programmatic and awareness activities."

"The Miracle Worker"

Partnering with the Olney Theatre Center, BGRV raised more than \$9,000 for the cause through the sale of tickets to a September 11



Tony Sudler (center), president and chief executive officer of the Alzheimer's Association of the National Capital Area, accepts \$15,000 in donations from (l to r) Brooke Grove Retirement Village Director of Volunteers Laura Brecheen, Admissions Counselor and Memory Walk 2005 Team Captain Janet Wright, Director of Community Relations Susan Frazier and Brooke Grove Foundation President Keith Gibb.

matinee performance of "The Miracle Worker" and a private, pre-show reception honoring the work of the Alzheimer's Association.

"We are all here because Alzheimer's disease has touched us in some way," observed BGRV Director of Community Relations Susan Frazier as she welcomed those attending the reception. "Thank you for your support!"

"I am humbled at Brooke Grove's effort and honored to partner with you in our mission to make life better for those with Alzheimer's disease" and to find a cure

as well, remarked Cindy Schelhorn, communications and outreach director for the Alzheimer's Association of the National Capital Area. "You are all miracle workers!" added Ian Kremer, government advocacy and public outreach coordinator for the organization.

Memory Walk 2005

The BGRV team of walkers truly stood out in the crowd at Montgomery County's Memory Walk 2005 held in Rockville on September 25 — not only because of the large number of walkers, but because of



BGRV team members "Walkin' the Walk" in T-shirts designed by Robin Quinter of Quinter Design in Olney

the bright, bold appearance of their rainbow-colored "Walkin' the Walk" T-shirts.

As a corporate sponsor for the walk, BGRV proudly stepped up to make a difference by rallying 75 walkers, led by Team Captain Janet Wright, a BGRV admissions counselor whose mother has Alzheimer's. Funds were

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Message from the Village

from the desk of Susan Frazier, director of community relations

For centuries man has searched for the “fountain of youth” or those anti-aging compounds, cleansers and creams that will ward off the effects of growing older. Our innate desire is to stay youthful in appearance and active and alert in our minds. With current research indicating that one out of every 10 individuals over the age of 65 have Alzheimer’s disease and statistical projections indicating a 70% increase over the next 25 years, the quest for both prevention and cure becomes even more significant and strategic.

A world leader in Alzheimer’s research and support, the Alzheimer’s Association exists to

provide the help and hope necessary to those affected by this disease. Through a variety of venues, the organization tangibly reaches out to support families in our community, protect future generations from the disease and work toward their mission of elimination of the disease.

In putting our mission to action, Brooke Grove invited community partners to support this year’s fund-raising goals for the Alzheimer’s Association. Through the generosity of our donors and the exponential effects of teamwork, financial success was achieved, which brings us steps closer to touching lives and impacting futures.

As Brooke Grove continues to serve those affected with Alzheimer’s, our hearts continue to hope as well for a cure.

Keith Gibb Appointed to CommunityChoice Advisory Group

Brooke Grove Foundation President Keith Gibb was recently appointed as a member of the CommunityChoice Advisory Group established by Maryland’s Department of Health and Mental Hygiene (DHMH). He was nominated to represent senior care providers by Mid-Atlantic LifeSpan, a nonprofit association with 300 member organizations.

The advisory group will assist in developing policies and regulations for CommunityChoice, a new Medicaid program

proposed by the DHMH in collaboration with the Department of Disabilities and the Department of Aging. CommunityChoice would manage services for older adults and people with disabilities. The program would be mandatory for those who have dual eligibility for Medicaid and Medicare and other individuals in need of long-term care services. The CommunityChoice program would include all primary, acute and long-term care services, with a goal of integrating Medicare funding for dual eligibles.

To learn more about CommunityChoice and Maryland’s new vision for long-term care, visit www.dhmh.state.md.us/mma/communitychoice.



Brooke Grove Retirement Village is a division of Brooke Grove Foundation, Inc., a nonprofit organization providing quality care for the elderly since 1950.

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Chairman of the Board, Carl Howe
President, Keith Gibb
Medical Director, Ted Howe, M.D.
Managing Editor, Lynelle Smith
Contributing Editor, Susan Frazier
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Brooke Grove Retirement Village includes:

Independent Living
• The Cottages

Assisted Living Homes
• The Meadows
• The Woods

Nursing Home
• Brooke Grove Rehabilitation and Nursing Center

Other divisions of Brooke Grove Foundation include:
• Williamsport Retirement Village
• Rest Assured Living Center

Brooke Grove Retirement Village does not discriminate in admissions, employment, contracting with consultants or acceptance of volunteers on the basis of race, color, religion, sex, handicap, sexual orientation or national origin.

BGRV Raises \$15,000 for the Alzheimer's Association of the National Capital Area (continued from page 1)

raised through walker sponsorships and individual donations. Additionally, BGRV Director of Volunteer Services Laura Brecheen organized 63 volunteers for the walk, contributing immensely to the success of the event.

"It gave me such a sense of pride to see the Brooke Grove team pull together in such large numbers to partner with the Alzheimer's Association and support such a worthwhile cause," remarked Ms. Frazier. "As each of our team members checked in before the walk, their energy and enthusiasm was contagious!"

Bake Sales and Fall Flower Sales

Fall flower sales and bake/food sales held from July through September gave employees who were unable to participate in

the special events the opportunity to be part of BGRV's success. "We

are so grateful to the entire BGRV team for sharing our mission to

'touch people's lives' in such a tangible way," concluded Ms. Frazier.



BGRV's Memory Walk 2005 team



Brooke Grove Foundation Vice President Dennis Hunter (far right) talks with (l to r) Betty Ransom, Cindy Schelhorn and Ian Kremer, representatives of the Alzheimer's Association of the National Capital Area.



Plant Operations employee José Martinez and his wife sign up to participate in Memory Walk 2005 with the assistance of BGRV Team Captain Janet Wright (left).



A four-footed friend suits up for the Memory Walk.



Brooke Grove Rehabilitation and Nursing Center (BGRNC) resident Alice Nakshian (left) makes a purchase from BGRNC Housekeeping Supervisor Lien Bui, who made hundreds of egg rolls for the payday bake/food sales.



Brooke Grove Foundation Medical Director Ted Howe, M.D., and his wife, Beth, (far left) visit with Brooke Grove Rehabilitation and Nursing Center Acting Director of Nursing Shirley Valentine, RN, (second from right) and her daughter at "The Miracle Worker" reception.

Carl Howe Reelected as BGF Board Chair

Long-time Brooke Grove Foundation (BGF) Board Chair Carl Howe was reelected to another three-year term at the group's September meeting.

Under Mr. Howe's direction, the nonprofit BGF grew from the Brooke Grove Farm and Nursing Home, housing two residents, to the vibrant, growing company that currently cares for hundreds of residents in long-term care, rehabilitative care, assisted living and independent living on three campuses in Maryland and Pennsylvania.

"Carl is a man of vision, never satisfied with the status quo," remarked BGF President Keith Gibb, who has worked with Mr. Howe for 30 years. "He encourages innovation and creativity. He looks to the future, not with fear, but with an attitude of what might be. That attitude has brought

BGF to where it is today."

During his 55 years of service to seniors and BGF, Mr. Howe has performed virtually every job that exists in the organization founded by his mother, Eleanor Howe Marston, in 1950. Beginning with feeding livestock, washing dishes and harvesting vegetables, Mr. Howe moved on to become president of the Foundation in 1960, a position he held until 1995 when Mr. Gibb assumed the role.

A Series of Firsts

Mr. Howe's vision and leadership have provided an exceptional quality of geriatric medical and residential care for seniors. A recipient of the Healthcare Council's prestigious Matthew F. McNulty, Jr. Award for outstanding contributions to the metropolitan area's healthcare industry, he has served as chairman of Montgomery County's Health Planning

Commission. His innovation in the healthcare field created a series of "firsts":

- Appointed to the newly formed Maryland Board of Examiners of Nursing Home Administrators by Governor Marvin Mandel in 1972, Mr. Howe became chairman and helped set some of the first standards for nursing care facilities in Maryland.
- He holds the first license (#R0001) for the practice of nursing home administration issued by the state of Maryland.
- He opened Westbrooke, the first licensed assisted living

group home in Montgomery County, Maryland. Westbrooke now serves as the clubhouse for Brooke Grove Retirement Village's independent living community.

- He built the first "new construction" assisted living facility in the state.
- He developed the first occupational therapy program in a Maryland nursing home.

Most importantly, Carl Howe remains committed to the original purpose of the Brooke Grove Farm and Nursing Home, "touching people's lives" with quality care and compassion.



(l to r) BGF President Keith Gibb and Board Chair Carl Howe

Scarves for Seniors

With a goal of making a difference for low income seniors in Montgomery County, Brooke Grove Retirement Village (BGRV) is supporting the fourth annual "Scarves for Seniors" initiative of the Grass Roots Organization for the Well-being of Seniors (GROWS).

"This is a wonderful

opportunity for us to once again help low income seniors in our community experience warmth and caring this winter," said Susan Frazier, BGRV's director of community relations. "You can 'touch people's lives' in a very tangible way by contributing new items such as winter scarves, gloves, hats, socks,

slippers or a matching set of gloves, hat and scarf to the drive. Your gifts will be distributed to senior residents of housing operated by the Housing Opportunities Commission in time for the holidays." Gifts should be wrapped in holiday paper with a small label indicating whether the item is for a man, woman or unisex.

A collection box is located at the receptionist's desk in the lobby of Brooke Grove Rehabilitation and Nursing Center on the BGRV campus. The deadline for contributions is Monday, November 28. For further information, contact Ms. Frazier at 301-924-2811, option "3," or by e-mail at SFrazier@bgf.org.

Independent Living

A Campus Rich in History

At the request of the independent living programming committee, Brooke Grove Foundation Vice President Dennis Hunter led a group of enthusiastic residents on a “history hike” through Brooke Grove Retirement Village (BGRV) in September. Mr. Hunter discussed the history of the organization and the buildings on campus as well as future plans.

Highlights of the hike included stops at the site of the original Brooke Grove Farm Nursing Home,

opened by Brooke Grove Foundation founder Eleanor Howe Marston in 1950; The Woods assisted living homes, which include the first “new construction” assisted living home in Maryland; Westbrooke, the first licensed assisted living group home in Montgomery County, which now serves as the independent living clubhouse; and Old Sharon, built in 1795.

Old Sharon, designated as a historic site by Montgomery Preservation, Inc., is currently the residence of the family



Independent living residents with Brooke Grove Foundation Vice President Dennis Hunter at the entrance to The Woods assisted living homes.

Site Plans for Phases III and IV Available

Community members attending the October 6 “Focus on the Future” independent living update received copies of the long-awaited site plan for Phases III and IV of The Cottages. The plan includes 18 cottages ranging in size from 1,350 to over 2,000 square feet, with forest and pasture views. Construction is slated to begin in the summer of 2006, pending utility and county approvals.

The next “Focus on the Future” will be held this winter to keep prospective independent living residents up-to-date on

the construction timeline, project progress and operational details. Current pricing is effective through November 30, 2005.

For further information or to request copies of

the site plan and pricing, contact Director of Community Relations Susan Frazier at 301-924-2811, option 3, or SFrazier@bgf.org.



Brooke Grove Foundation Vice President Dennis Hunter shares details of Phases III and IV of The Cottages at the October “Focus on the Future.”

of BGRV Associate Medical Director Grace Brooke Huffman, M.D., great-great-great niece of the home’s original owners, Isaac and Hannah Brooke

Briggs. Dr. Brooke’s husband, Steve Huffman, graciously invited the group inside for a tour of the restored home.



Jazz to Cure
Sherwood High School
Jazz Ensemble
featuring The Don Junker
Big Band
and Special Guest
Chris Vadala
November 7, 7:30 p.m.
Olney Theatre Center
2001 Olney Sandy-Spring
Road, Olney.
Benefits Montgomery
General Hospital’s
Comprehensive Cancer
Center.
Call 301-924-3400.

**Lyceum Series: Chamber
Music Concert #1 —
Pianist James Giles**
November 11, 4 p.m.
Sandy Spring Museum
17901 Bentley Road
Sandy Spring.
Call 301-774-0022.

Assisted Living Group Homes

Harvest Time at Larriland Farm

Assisted living residents delighted in the sight of fields dotted with orange pumpkins and the sound of excited children entering a corn maze during an October excursion to Larriland Farm in Woodbine, Maryland. The family-owned farm offers a wide variety of fruits and vegetables for sale in its market.

The farm's gracious staff shared a presentation on their beehives, then helped residents make their own purchases and select

apples for a fresh fruit social scheduled back at home that afternoon.



Resident Connie Cooper checks out the blackberry jam.

Residents Explore History at Sandy Spring Museum

During a September trip to the Sandy Spring Museum, assisted living residents were treated to a special presentation and demonstration by the museum's master blacksmith, whose stories brought the area's rich history to life. Led by museum staff members, the group also explored the exhibit hall, where they examined a variety of intriguing artifacts and displays.

First settled in 1728 by Quaker tobacco farmers, Sandy Spring was home to Thomas Moore, inventor of the refrigerator, and to

Philip Thomas, one of the founders and first president of the B&O railroad. Homes in the area are also known to have served as stations in the Underground Railroad.



Sandy Spring Museum's blacksmith

Generations Together

The Meadows resident Lucian Boatright celebrated National Grandparents Day in September in a big way with a visit from three generations of family members — daughter Sally Robbins; great-granddaughter Noris Thomas, a sophomore at the University of North Carolina; and brand new great-great grandson, Jake.



Resident Lucian Boatright and family

Assisted Living Gets Crafty

New, weekly arts-and-crafts sessions allow residents to create a project from start to finish in one sitting. Participants have already created potpourri bags and small decorative brooms.

The group is assisted in this endeavor by volunteer Margo Harvey, an art history and Maryland Renaissance student. Her classes, along with monthly master gardener classes offered by another volunteer, encourage

residents to use their creativity to produce beauty.



(l to r) Resident Idell Brown and volunteer Margo Harvey fashion a potpourri bag.

Brooke Grove Rehabilitation and Nursing Center

Sandy Spring Swingers Sweep into BGRNC

The Sandy Spring Swingers chapter of the Red Hat Society swept into Brooke Grove Rehabilitation and Nursing Center (BGRNC) in September to host their second annual tea and social for residents.

Dressed in their signature purple outfits and red hats, members visited with a room full of delighted female residents while serving them tea, scones and other tasty treats. Each resident received a small gift, and three were the lucky winners of door prizes.

Organized by BGRNC Medical Records employee Joni Comuntzis, who laughingly refers to herself as the “queen mother” of the chapter, the tea involved 10 members of the club, including several who also work at BGRNC.

The Red Hat Society was established for ladies who believe that there is fun after fifty for those from all walks of life. For more information, visit www.redhatsociety.com.



(seated, l to r) Resident Helen Bryan and BGRNC Administrative Coordinator Mara Bohlman and (standing, l to r) Sandy Spring Swinger Opal Klompus; BGRNC Assistant Director of Nursing Joan Safier, RN; and Evening Supervisor Sandi Wilkinson, RN, at the Red Hat Society tea and social.

BGRNC's Family Council Meeting

Date/Time: First Tuesday of each month at 3 p.m.
Place: Second Floor Multipurpose Room
Facilitator: Margie Lapp, 301-330-5834

A Joyful Reunion

It was a joyful day in late September when Brooke Grove Rehabilitation and Nursing Center (BGRNC) resident Luta Saunders was reunited with her friends, Pat and Orville Myers, for the first time in 50 years! Residents of Gladstone, Missouri, the Myers made the journey to Maryland with their daughter, Kathy, who had an appointment in Baltimore and realized that the trip would be the perfect opportunity to reunite her parents with their dear friend.

Ms. Saunders and Mrs. Myers first met in Alexandria, Virginia, as members of the Bethel chapter of Job's Daughter's, an international, fraternal organization for young women aged 10-20. “Five of my friends in the Bethel chapter, including Pat, took a car trip across the country to a meeting in California. She had fallen in love with Orville, and we heard an awful lot about him during that trip!” joked Ms. Saunders.

“Luta is so wonderful about keeping in touch with her friends,” added Wanzie Bolen, activities director of BGRNC's Sharon wing. “She never forgets a staff member's birthday and always sends a card with a wonderful, handwritten note. I'm so happy that she's part of my life, too, and I love our conversations.”



Resident Luta Saunders (seated) greets old friends (r to l) Orville and Pat Myers and their daughter, Kathy, in the BGRNC lobby.

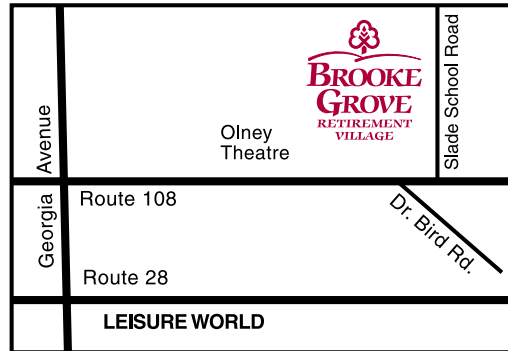
You're Invited...

Brooke Grove Rehabilitation and Nursing Center Thanksgiving Dinner

for Residents and Families
18131 Slade School Road
Thursday, November 17, and Tuesday, November 22
By invitation. Reservations are required.
RSVP to BGRNC's receptionist, 301-924-5176,
Monday-Friday, 9:30 a.m.-6 p.m.

Volunteer Orientation

Tuesday, November 29, 6:30-8 p.m.
Brooke Grove Rehabilitation and Nursing Center
18131 Slade School Road
For further information, contact Laura Brecheen,
301-570-7081 or LBrecheen@bgf.org.



Brooke Grove Rehabilitation and Nursing Center Holiday Open House

For Residents and Families
Sunday, December 11, 2-4 p.m.
By invitation. No reservations necessary.

The Meadows and The Woods Holiday Open House

For Residents and Families
Sunday, December 11, 1-3 p.m. (The Meadows)
Sunday, December 11, 4-6 p.m. (The Woods)
By invitation. No reservations necessary.

For resident activities information, call or see the Activities Director at each facility.



Brooke Grove Foundation, Inc.
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